

**CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA**

THAVANISH



**ANNUAL REPORT
2023-2024**

01-06-2023

UMBRELLA DISTRIBUTION TO SCHOOLS

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, distributed umbrellas on the reopening day of schools, June 01, 2023. The umbrellas were handmade by the student volunteers who learnt the skill of making an umbrella during the Thavanish camp. The volunteers worked together to make a total of 47 umbrellas. These umbrellas were distributed to two schools; S.N.B.S Samajan LP School, Pullur and L.B.S.M.H.S.S Higher Secondary School, Avittathur. 20 umbrellas were handed over by the student volunteers and Mrs. Reeja, Thavanish staff coordinator to the Headmistress of S.N.B.S Samajan LP School. Mr. Sajு received 20 umbrellas at L.B.S.M.H.S.S Higher Secondary School. Both the schools thanked Thavanish for this initiative.



Thavanish volunteers of Christ College, Irinjalakuda, made and distributed umbrellas at Pullur S. N. B. S. Samajan LP School, Pullur and L. B. S. M. H. S. S., Avittathur.



05-06-2023

ENVIRONMENT DAY CELEBRATION

Thavanish, visited Pratheeksha Bhavan, school for the differently abled at Irinjalakuda as part of Environment Day on 5th June, 2023. The volunteers along with the children of the school planted saplings. Mr. Thoufeeq, staff coordinator of Thavanish also accompanied the students. Thavanish Executive members Jagan, Alby, Irine, Amrutha, Sajil, Akshara, Athul and other Thavanish volunteers were also present for the program.



11-06-2023

THAVANISH GIVING BACK WITH KOOT

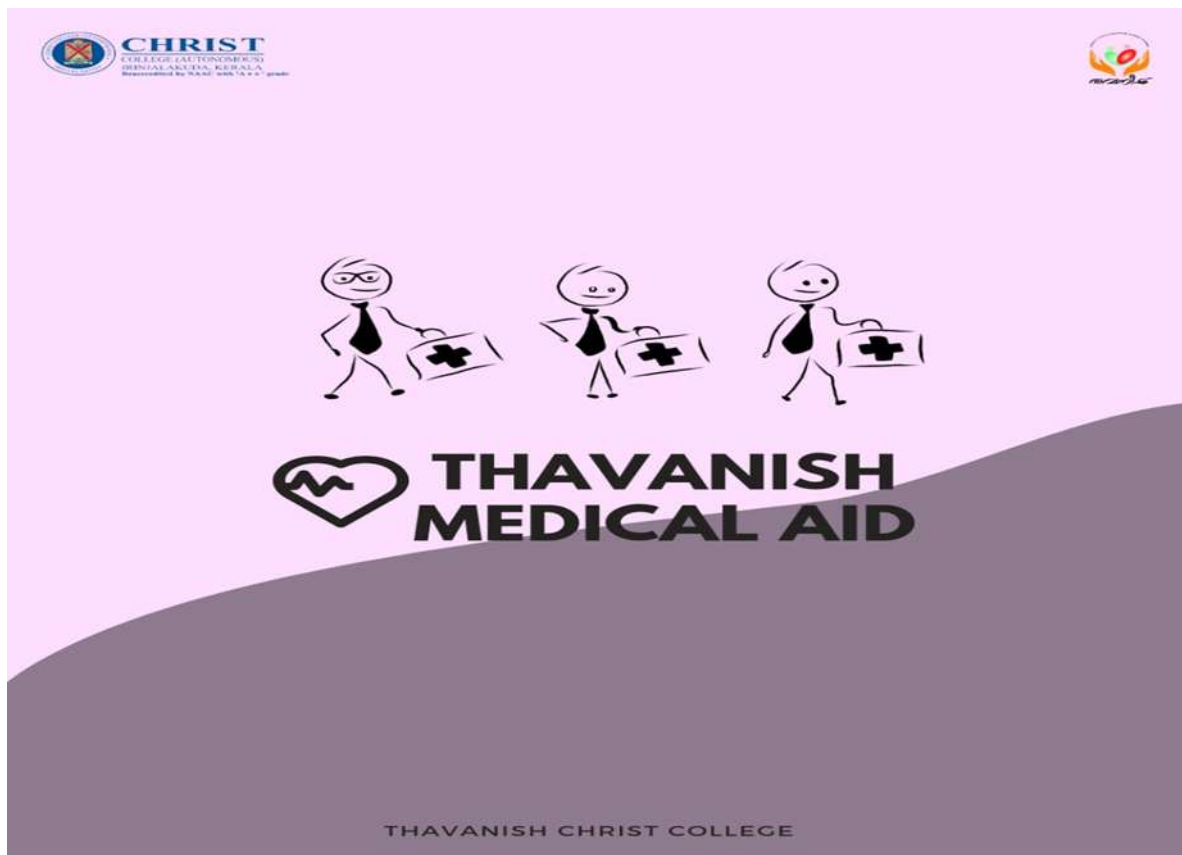
Thavanish Volunteer's, participated and volunteered a one-day meet-up program organized by KOOT, a benevolent social working wing established by the trust 'MinD'. The program took place at the Seashore Farm & Nursery, Irinjalakuda. The event was graced by the presence of esteemed guests, including Minister E.T Taison, accomplished screenwriter Mr. Sanjay, and popular radio jockey Kidilan Firoz.



15-06-2023

MEDICAL AID TO SANEESH

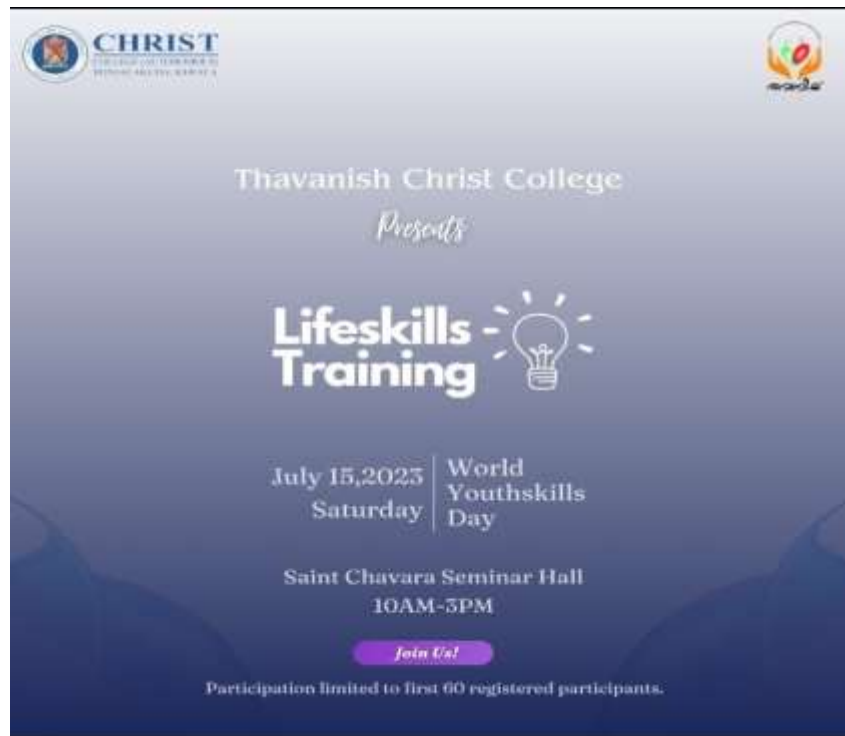
The social and charitable organization of Christ College , Irinjalakuda 'Thavanish' was able to give medical aid to Saneesh during the month of June. An amount of Rs.2,309/- was handed over to him. Saneesh received an amount of Rs.2,405/- from Thavanish the following month of July aswell. The amount was transferred through Gpay.



20-06-2023

LIFE SKILLS TRAINING

Thavanish, took initiative to clean Azhikode beach and its surroundings on 5th August. This was also a part of the selection process of the first year students. Around 50 Thavanish volunteers were accompanied by the staff coordinator, Mr. Thoufeeque who also addressed the students. Hadi, student executive, Thavanish, also talked to the volunteers about the necessity of keeping our environment clean.



05-08-2023

AZHIKODE BEACH CLEANING

Thavanish, took initiative to clean Azhikode beach and its surroundings on 5th August. This was also a part of the selection process of the first year students. Around 50 Thavanish volunteers were accompanied by the staff coordinator, Mr. Thoufeeque who also addressed the students. Hadi, student executive, Thavanish, also talked to the volunteers about the necessity of keeping our environment clean.



12-08-2023

HOSPITAL CLEANING

Thavanish, took initiative to clean the government hospital of Irinjalakuda on 12th August from 9am- 12pm. This was also a part of the selection process of the first year students. Around 60 students actively took part in cleaning the hospital.



19-08-2023

BENEVELONCE 2.0

Thavanish, hosted Benevelonce 2.0 on 19th August 2023 with the help of B.com self financing batch of Christ college. The initiative aims at providing onam kits to the orphanages of the district. This year, through Benevelonce, Thavanish was able to extend its helping hands to 7 orphanages across Thrissur district. The event flag off happened at the Christ college portico and was inaugurated by Sri. Aneesh Karim, station house officer, Irinjalakuda police station.



25-08-2023

ONAM FOOD KIT DISTRIBUTION

Thavanish organised a Food Kit Distribution to the Non Teaching Staffs of Christ College, in-connection with Onam Celebration conducted by Thavanish on 25th August 2023. Around 15 students showed their presence for the program.



25-08-2023

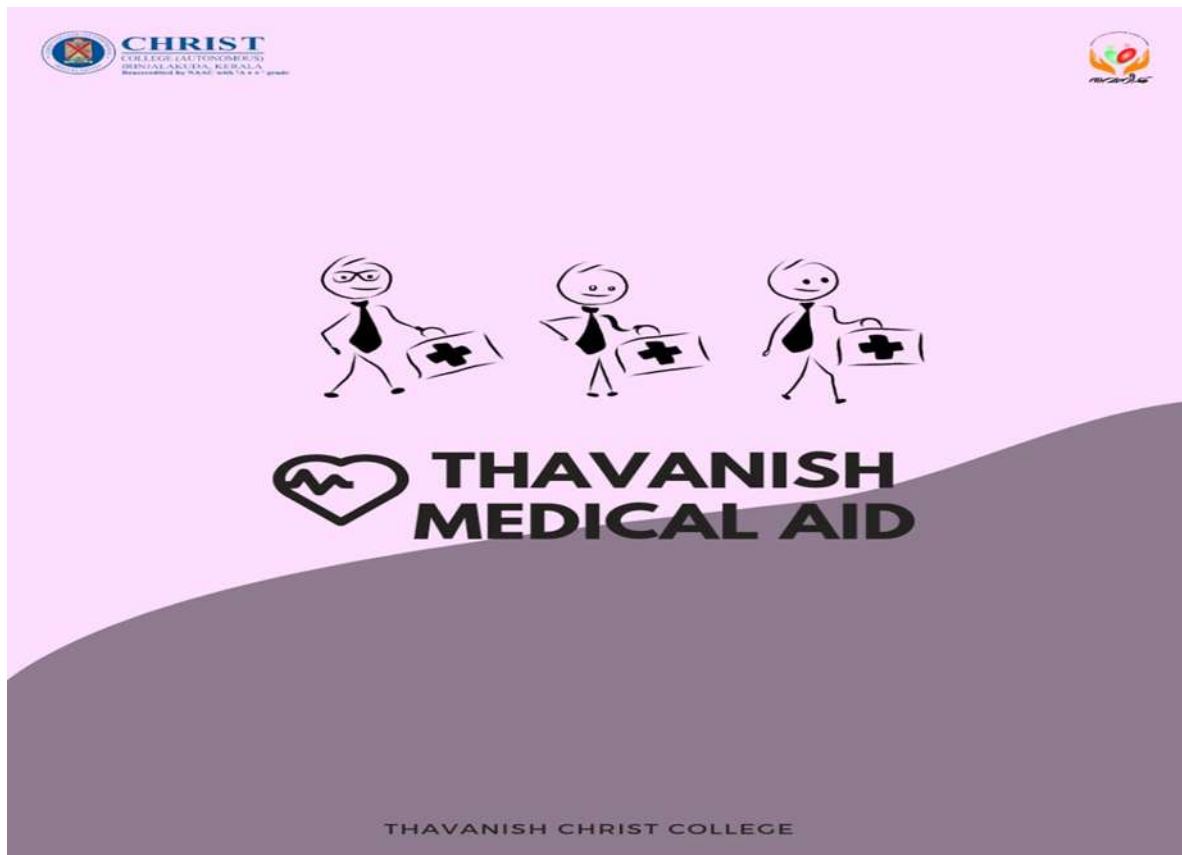
THAVANISHONAM

Thavanish conducted its onam celebration at Marthoma mental hospital, Azhikode. The program was inaugurated by our college principal Rev. Dr. Jolly Andrews CMI. The presidential speech was given by hospital director Fr. Gabriel. Thavanish staff coordinators Prof. Muvish Murali, Asst. Prof. Reeja Eugene also spoke during the occasion. As a token of gift onakodi for all the members of marthoma hospital was handed over. Entertainment programs by our volunteers were arranged. Pookalam was put up by our volunteers. Entertainment programs were also arranged by marthoma staff members.



29-08-2023 **MEDICAL AID TO RAVI NELLATUPURAM**

The social and charitable organization of Christ College , Irinjalakuda 'Thavanish' was able to give medical aid to Ravi Nellatupuram during the month of August. Ravi received Rs.2,000/-. The amount was transferred through Gpay.



05-09-2023

TEACHER'S DAY

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, celebrated teachers day on 5th September 2023. Thavanish volunteers prepared personalized photo posters of teachers.



Thank you...



FR. DR. JOLLY ANDREWS
PRINCIPAL

"IT IS THE SUPREME ART OF
THE TEACHER TO AWAKEN JOY
IN CREATIVE EXPRESSION AND
KNOWLEDGE "

Happy Teachers Day

THAVANISH CHRIST COLLEGE

10-09-2022

ADICHILTHOTTI

Thavanish, visited three Adivaasi colonies at Adichilthotti on 10th September 2023 and distributed the umbrellas handmade by the Thavanish volunteers. Rev. Fr.Dr.Jolly Andrews CMI, Principal, Christ college came along for the visit and also inaugurated the program at one of the colonies. The program at the next colony was inaugurated by their Moopan. Prof. Akhil, staff coordinator, Thavanish also accompanied the student volunteers and executive members. The volunteers spent time with them and also carried out fun activities to keep them engaged.



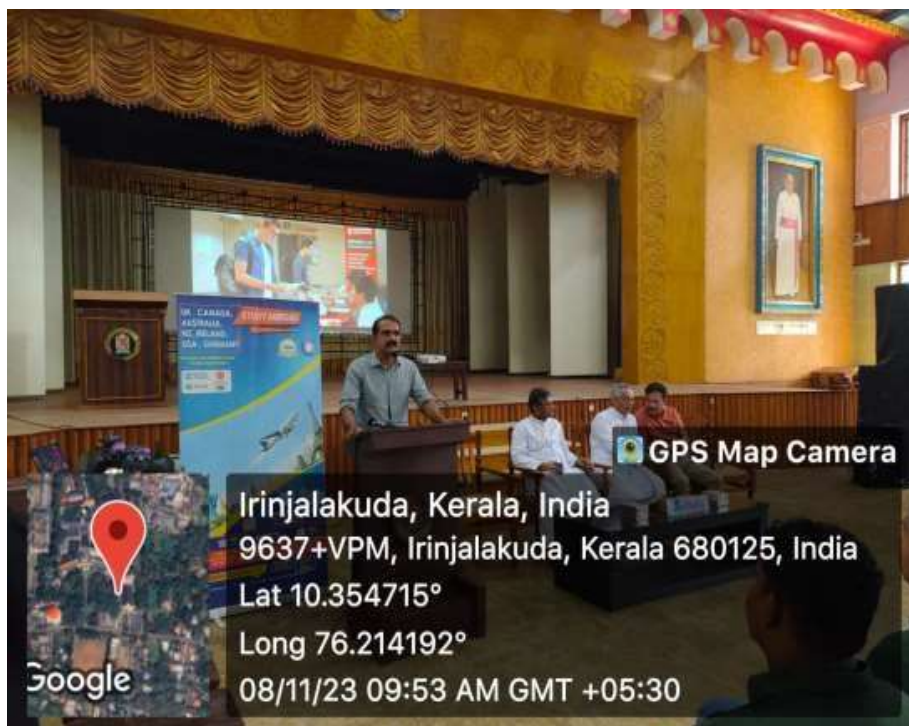
15-09-2023 MIND – STEPPING TOWARDS EQUITY

Thavanish, in collaboration with MIND Trust organized an awareness program on Muscular Dystrophy. It was an awareness walk for people who live with Muscular Dystrophy in India. Campaign aims to raise awareness about Muscular Dystrophy and for Advocacy and awareness, breaking barriers in identity, Dignity and Inclusion. Chief guest of the program Dr. Arun.S, M.Phil, Ph.D (MIND Trust Advisory Board Member, Mental health professional specialized in rare disease disability), introduced about Muscular Dystrophy causes, symptoms, spread awareness and problems faced by people with Muscular Dystrophy. This programme is a stepping stone to achieve Equity.



08-11-2023 INTERNATIONAL EDUCATIONAL EXPO

Thavanish, conducted an International Educational Expo in collaboration with JB Edufly for the students of Christ College at college Auditorium on 8th November, from 9.30AM to 4 PM. The program was inaugurated by the Principal, Rev.Fr.Jolly Andrews and addressed by Directors Sri.Siju and Sri.Kumar. The major objective of the expo was to give a basic idea about the leading educational institutions on an international level. The program also included an interactive session with Career Guru Dr.T.P.



09-12-2023

PARA ATHLETIC MEET

Thavanish, BPE department and Darshana Service Society in collaboration with Sports Association for the Differently-abled, Thrissur conducted the 3rd Para Athletic Meet at Christ College Ground from 9.00 A.M to 5.00 P.M. The inaugural ceremony of the program included chief guest, Pandu Sindhu (Senior Superintendent Joint Director Office LS GD), who declared the sports meet open. Approximately 70 participants were actively engaged in the sports meet.



29-12-2023 WALL PAINTING AT SCHOOL

The Social and Charitable Organization of Christ College (Autonomous) in Irinjalakuda painted the wall of SNBBLPS Pullur during the Christmas winter holidays. Thavanish volunteers contributed by creating art that reflects creativity, imagination, and enthusiasm.



16-12-2023, 17-12-2023, 18-12-2023 **SAVISKARA**

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, organized the Saviskara program from November 16, 2023, to December 18, 2023, at the Christ College Auditorium. This annual event, aimed at providing a platform for specially-abled children to showcase their talents and connect with others, has been consistently conducted for seven years. Special guests Vaikom Vijayalakshmi, renowned Indian Playback singer, and Dr. R Bindu, Minister for Higher Education and Social Justice, added to the significance of the event. The program commenced with an inaugural ceremony featuring Chief Guest Krishnakumar P S, Vice Chairperson of Mind Trust Organization. The ceremony was graced by Rev. Dr. Jolly Andrews CMI, Principal, Prof. Sheeba Varghese U, Vice Principal, Dr. Xavier Joseph, Manager Fr. Joy P.T CMI, and other distinguished guests.







02-01-2024

WALL PAINTING AT SCHOOL

The Social and Charitable Organization of Christ College (Autonomous) in Irinjalakuda painted the wall of SNBBLPS Pullur during the Christmas winter holidays. Thavanish volunteers contributed by creating art that reflects creativity, imagination, and enthusiasm.



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA



23 DECEMBER 2023

ക്രൈസ്റ്റ് കോളേജിലെ സാമൂഹിക സേവന സംഘടനയായ തവനിഷ്, പുല്ലൂർ സ്കൂളിലെ കുഞ്ഞുകുരുന്നുകൾക്കായി ക്രിസ്തുമസ് അവധിനാളുകളിൽ Wall art ഒരുക്കുന്നു.



03-01-2024 KERALA KALALAYABHINASHESHIDINAM AWARD

Thavanish organized the Saviskara Person of the Year – Award Distribution program on the Kalalaya Bhinasheeshi Dhinam that is the 3rd of January 2024, at Fr.Jose Thekkan Seminar Hall.



08-01-2024

SWEVEN

The Social and Charitable Organization of Christ College (Autonomous) in collaboration with MinD(Mobility in Dystrophy) Trust and Koottu Charitable Trust organized a trip to Malakkappara for the members of MinD. It was a one day trip which started at 8.00. Thavanish volunteers and Koottu Volunteers accompanied and assisted the members of MinD throughout the journey.



10-01-2024

WALL PAINTING INAUGURATION

Volunteers from the Social and Charitable Organization of Christ College (Autonomous) painted the walls of SNBBLPS, Pullur. The wall painting inauguration was initiated on January 10, 2023, with Vice Principal Saviour and Staff Coordinator of Thavanish, Prof. Muvish Murali. The school children were gifted chocolates as token of love.



26-01-2024 GOVERNMENT HOSPITAL CLEANING

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, along with the staff of Govt Hospital, Irinjalakuda, took initiative to clean the surroundings of the hospital as part of Republic Day.



31-01-2024, 01-02-2024 NATIONAL YOUTH SEMINAR

The members of the Social and Charitable Organization of Christ College (Autonomous), Irinjalakuda, Thavanish attended National Youth Seminar organized by Kerala State Youth Commission at Priyadarshini Planetarium, Seminar Hall, in Thiruvananthapuram on 31st January 2024 and 1st February 2024. The seminar inculcated topics from diverse arenas such as Youth Empowerment, Mental Resilience, Youth and Economy, Politics and its possibilities. The seminar was attended and addressed by eminent delegates such as Hon. Chief Minister of Kerala, Shri. Pinarayi Vijayan.



DAY 02
FEBRUARY 1, 2024
9:30 AM - 10:45 AM
INauguration
Chief Guest:
Shri. P. NARAYANAN
Hon. Minister, PMO, Govt. of Kerala, Thiruvananthapuram
Guest:
Shri. AMALAKA SATHYAN
Secretary, Social Welfare Department, Govt. of Kerala, Thiruvananthapuram

10:45 AM - 11:45 AM
Special Address:
HARNESSING NEUROPLASTICITY FOR MENTAL WELLBEING
Dr. BABY CHARUPATHI P.S.
Assistant Professor, Department of Biotechnology & Director, Centre for Neuroscience, CUSAT

11:45 AM - 12:00 PM
Tea Break

12:00 PM to 1:00 PM
Special Address:
THE PURSUIT OF HAPPINESS - CHALLENGES AND POSSIBILITIES. TALK ON THE BASIS OF THE HAPPINESS MOVEMENT AT THALAMAMMA
Shri. M.V. GOVINDAN MASTER
MLA, Thalamanna, Kollam

1:00 PM - 2:00 PM
Lunch Break

2:00 PM - 3:00 PM
PRESIDENTATION OF STUDY REPORT AND BRAINSTORMING SESSION FOR IDEA GENERATION FROM YOUTHS TO DEAL WITH MENTAL HEALTH ISSUES INCLUDING SUICIDE
Shri. PRAVEEN PADAMESWARAN
Chief Executive Officer, Strategy

3:00 PM - 3:30 PM
Special Address:
BUILDING KERALA AS A STATE OF MENTAL WELLNESS AND HAPPINESS
Shri. P.A. MOHAMMED RYAS
Minister for Public Works and Tourism

3:30 PM - 4:15 PM
Panel Discussion:
YOUTH AND ECONOMY
Dr. SIDDHIN BABIVATH
Director, Department of Student Services, University of Kerala
Ms. TINA JAMES
Chief Executive Officer, Strategy (Global), Los Angeles

4:15 PM - 4:30 PM
Tea Break

4:30 PM - 5:00 PM
Valedictory Session

2024 JANUARY 31 & FEBRUARY 01
PRIYADARSHINI PLANETARIUM, SEMINAR HALL
THIRUVANANTHAPURAM

YOUTH EMPOWERMENT, MENTAL RESILIENCE, HAPPINESS: CHALLENGES AND POSSIBILITIES

INAUGURATION
SHRI. PINARAYI VIJAYAN
Hon. Chief Minister of Kerala



08-02-2024

AWARENESS SKIT

Thavanish, collaborated with the Social Justice Department of Thrissur on Rights of person with Disabilities on February 8th, 2024. Welcome speech was delivered by Predepan KR, District Social Justice officer, Social Justice Department, Government of Kerala. The presidential address was given by the Justice officer from Social Justice Department, Government of kerala. Rev. Fr. Dr. Jolly Andrews CMI, Principal, Christ College and Shajahan KC, State Resource Person from the Social Justice Department, Government of Kerala delivered the keynote speech.



09-02-2024

ABHAYAM

Thavanish took initiative to do the modification works for 6 Houses in the nearby locality and conducted the inauguration program on 9th February 2024. The program was inaugurated by Our Honorable Minister (MLA) Dr.R Bindhu with the presence of Our Principal Dr.Fr.Jolly Andrews CMI and Vice Principal Sheeba Miss and Xavier Joseph Sir and Thavanish Staff Co-ordinators and Thavanish Volunteers.



17-02-2024

TRANSGENDER ART FESTIVAL

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, participated in the Transgender Arts Festival – Pride March held by the Government of Kerala. The event featured cultural performances such as Pulikkali and Chendamelam, followed by a Pride March involving diverse participants from transgender organizations, colleges, and NGOs. The match began at 3pm and culminated after 7 pm.



08-03-2024

WOMEN'S DAY INITIATIVE

Thavanish, released a video on Women's Day aimed at shedding light on the challenges and barriers faced by women in various fields of study. The video featured interviews conducted by five to six Thavanish volunteers who took to the streets to engage with women from different sections of society. The interviews aimed to provide a platform for women to candidly share their experiences regarding the challenges they encounter in their respective fields of study. The interview process commenced on March 6, 2024, and continued until March 7, 2024, during which Thavanish volunteers engaged with women from different walks of life. The footage captured during the interviews was carefully curated and edited to create a compelling narrative for the video release.



12-03-2024

CONVERGENCE

Thavanish, participated in The Convergence 2024 event, themed “Mainstreaming the Underprivileged, Abandoned, and Differently Abled,” which was organized by the Manappuram Foundation. This initiative aimed to address the challenges faced by marginalized communities and promote their integration into mainstream society.



06-04-2024

THAVANISH FAREWELL

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, fond farewell to Thavanish volunteers. The event commenced with warm welcome and heartfelt sentiments. Personal anecdotes and shared memories evoked smile, laughter the occasional tear, underscoring the deep bonds forged over three years of collaboration and friendship. As the evening proceed, seniors shared their experience, games were played. The farewell to seniors was not a goodbye rather a celebration of their remarkable contribution to the organization, enduring the bonds of friendship.



18-05-2024

SANTHWANA THEERAM

The social and charitable organization of Thavanish, Christ College, Irinjalakuda, in collaboration with Alpha Palliative Care, organized the Alpha Palliative Care Meet at Azhikode Beach. The event commenced at the evening of the 18th of May, 2024. 17 dedicated volunteers from Thavanish participated in this event aimed at providing emotional support and joy to palliative care patients. The activities included vibrant dance performances by the volunteers and various engaging activities such as games, and musical performances designed to uplift the spirits of the patients. The event was well-received, with positive feedback from the patients, who appreciated the efforts and felt a sense of community and relief.



11-05-2024, 12-05-2024 PANCHAYATH CLIMATE PARLIAMENT

The Social and Charitable Organization of Christ College (Autonomous) Irinjalakuda, Thavanish, was privileged to be a part of Panchayath Climate Parliament held on 11th and 12th May 2024, at 9A.M at KLIA, Thrissur. Travel allowance, accommodation and food were provided. Climatic change, waste management, tourism are intricately linked aspects of modern society, each exerting significant influence on global sustainability. The class promotes the intersections between these phenomena and proposes strategies for promoting sustainable development. The class was divided into four phases. Classes were taken by two teachers. The entire class was filled with activities, information, and knowledge.

